

## **Abstract**

Our dissertation thesis **Psychotherapy as education for authenticity - Life-world as a psychotherapeutic problem** deals with ontological foundations of psychotherapy. We present the change of understanding of a man and the world from antiquity to now. Psychotherapy as a new discipline is based on subject - object understanding and tries to understand human being from this perspective which changes into internal conflict. We consider that psychotherapy and psychology aren't aware of their ontological foundations. The core of this work is based on principles of Husserl's phenomenology and Heidegger's fundamental ontology as conditions of natural psychotherapy. They both bring appropriate understanding of human being. Therefore we consider basic principles of natural psychotherapy.

**Keywords:** Life – World, psychotherapy, authenticity, ontology, education, time